

REFERRAL FORM
Medical Nutrition Therapy
Diabetes Self Management Education

Phone number: 248-475-4701 Fax number: 248-475-5777

| PATIENT INFORMATION | | | |
|---------------------|-----------------|---------------------|------|
| Date: | Patient's Name: | DOB: | Age: |
| Phone # (H): | Phone # (W): | Phone# (C): | |
| Address: | | Email: | |
| Health Insurance: | | Contract ID Number: | |

NEED FOR SELF-MANAGEMENT EDUCATION

Medical Nutrition Therapy: Please describe reason for patient referral: _____
Medicare: 3 hours initial MNT in the first calendar year, plus two hours follow-up MNT annually. Additional MNT hours are available for change in medical condition, treatment and/or diagnosis. Please check the type of MNT and/or number of additional hours requested.

Initial MNT Annual follow-up MNT
 Additional Services in the same calendar year, per RD recommendation _____ hours requested

Blood Pressure: _____ / _____ Height: _____ Weight: _____

Diabetes Self Management Training (9-11 hours) is medically necessary for the following reasons:

Recent Diagnosis (please include diagnostic lab work) Poorly controlled diabetes Lack of current self-care knowledge/skills

Diagnosis: (Check all that apply)

| | | | |
|--|-------|--|--------|
| <input type="checkbox"/> Diabetes Type 1 | E10 | <input type="checkbox"/> Morbid Obesity | E66.01 |
| <input type="checkbox"/> Diabetes Type 2 | E11 | <input type="checkbox"/> Obesity | E66.9 |
| <input type="checkbox"/> Heart Disease | I51.9 | <input type="checkbox"/> Pre-diabetes | R73.09 |
| <input type="checkbox"/> Hyperlipidemia | E78.5 | <input type="checkbox"/> Post-surgical malabsorption | K91.2 |
| <input type="checkbox"/> Hypertension | I10 | <input type="checkbox"/> Renal Disease | N28.9 |
| <input type="checkbox"/> Hypoglycemia | E16.2 | <input type="checkbox"/> Other: | |

****Please attach lab work:**

| | | |
|----------|---------------|-----------------|
| • FBS | • Cholesterol | • Triglycerides |
| • RBS | • HDL | • Micro albumin |
| • HgbA1C | • LDL | • Other: _____ |

List Medications:

| Medication | Dosage | Frequency |
|------------|--------|-----------|
| | | |
| | | |
| | | |
| | | |
| | | |

REFERRING PHYSICIAN INFORMATION

| | |
|-----------------------------------|-------------|
| Physician/Clinician Signature: | Phone: |
| Physician/Clinician Name (Print): | Fax: |
| Physician Address: | NPI Number: |

***Please provide patient with a copy and fax a copy to (248) 475-5777